

BLACK HISTORY MONTH

***Dr. Inabel Burns
Lindsay***

**Pioneer
Educator
Social Justice Leader**



**New York State
Society for Clinical
Social Work**



Born February 13, 1900 in St. Joseph, Missouri, Inabel Burns Lindsay overcame early blindness and societal barriers to pursue her passion for education.

Enrolled at Howard University at age 16 and graduated with honors in 1920 — a foundation that sparked her lifelong commitment to equity and social change.



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Lindsay brought deep cultural insight to social work, emphasizing the importance of race, culture, and community context in clinical practice long before it was common.

Dr. Lindsay championed:

- **Cultural competence in education**
- **Multicultural perspectives in social work**
- **A profession that reflects and respects the communities it serves**

Her leadership helped shape modern approaches to psychotherapy and clinical social work.



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Dr. Lindsay helped lay the groundwork for what we now call culturally responsive psychotherapy.

At a time when clinical psychology and social work were dominated by Eurocentric frameworks, she insisted that race, culture, family systems, and social conditions were central to understanding mental health — not peripheral.



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Dr. Lindsay believed effective clinical work must reflect the lived realities of Black individuals and families.

She pushed back against deficit-based models that pathologized Black communities, instead teaching clinicians to recognize:

- **Structural racism**
- **Economic inequality**
- **Historical trauma**
- **Community strengths and resilience**

This approach reshaped how students were trained to assess, diagnose, and treat clients.





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“Understanding...
the socio-cultural
component in
social change is
essential if
social workers are
to cope with it
most effectively.”

DR. INABEL BURNS
LINDSAY

